

## MEDIA RELEASE

### 2009 Senior Citizen of the Year

Mrs Ida Wall of Mungindi was awarded the Moree Plains Shire "Senior Citizen of the Year" yesterday at the Seniors Week luncheon.

Mayor, Councillor Katrina Humphries congratulated nominees - Robyn Muggleton, Tony Bruce, Val McCallum and Betty Geary and presented each of them with a bouquet and certificate.

Cr Humphries said "All the nominees were worthy contenders for the Award. The judging was extremely difficult as each person had made a substantial contribution to the Shire of Moree Plains".

The Senior Citizen of the Year Award honours the achievements and skills of our senior citizens. Seniors have spent a lifetime contributing to our community raising their families, working and volunteering.

Cr Humphries said "Our Shire's older residents remain active and continue to make an impact on the lives of so many through their volunteer and community work. While they maybe grey on top, they are still young-at-heart. We thank our senior for their lifetime contribution."

90 year old, Mrs Wall has been a lifetime resident of Mungindi. Married to Jim, together they are the full time carers for their 66 year old mentally handicapped son. Mrs Wall volunteers two days per week at the local Saint Vincent De Paul centre. She has been involved with the Hospital Auxiliary and the Far West CWA.

Activities organised for Seniors Week has included a Church service at Fairview, entertainment at Pius X, a morning tea function at Moree Community Library, bingo at the Hospital with lunch catered by Moree Secondary School catering class, BBQ lunch by Apex, and mixed triple bowls at the Services Club.

Seniors Week functions are supported by Moree Plains Shire Council, along with funding from Department of Ageing, Disability and Home Care (DADHC).

NSW Seniors Week celebrates the valuable contribution seniors make to our community. It is our way of saying thank you to seniors and a great opportunity for all the generations to join with older people to celebrate.

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For further information contact:  
<http://www.nswseniorsweek.com.au>

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